

BARSTOW LOG

SERVING A MARINE CORPS REINVENTION LAB

Vol. 4, No. 22

Marine Corps Logistics Base Barstow, California

April 13, 2000

MARCORLOGBASSES change of command



Photo courtesy of Cpl. Michael Kjaer, MCLB Albany Public Affairs

Maj. Gen. (select) Jack A. Davis (right), the outgoing commander Marine Corps Logistics Bases, passes the colors to his successor, Brig. Gen. (select) Richard S. Kramlich (left) Friday during a ceremony at MCLB Albany. Davis continues on to assume command as Commanding General, 4th Marine Division, New Orleans, La.



[http://
www.usmc.mil](http://www.usmc.mil)



CO's Corner
Decisions, decisions,
decisions.
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These Marines ensure the
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Preparedness Month
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Story and photo by
Sgt. Mike McQuillan

BARSTOW LOG staff

Two Mojave Green rattlesnakes emerged from their den near Desert View Housing Thursday.

Pest management specialist Eric Fortin caught them, and put them in their new cages at Building 343 next to the Tees and Trees Golf Course.

"We found a male and a female, and she looks like she's pregnant," said Fortin. "Our concern is that we're finding them in housing. If someone gets bitten, that becomes a MEDEVAC situation."

He added the Mojave Green is the deadliest snake in the high desert, carrying both neurotoxic (attacks the nerves) and hemotoxic (attacks the blood) venom.

Base maintenance keeps the snakes on hand as a precaution-

ary measure.

Contractor personnel new to the base may not recognize a Mojave Green without first seeing one.

Fortin, who grew up hunting rattlesnakes, used to catch them with his bare hands, but now uses

a pair of tongs to snare the wily creatures.

Still, be advised. Do not handle or try to catch a snake. If you see a pest in your yard, contact pest control at 577-6467.

Base housing residents are

cautioned to keep their grass and weeds trimmed at all times, leaving nowhere for the snakes to hide.

Also, when working in the backyard, residents need to watch where they put their hands.

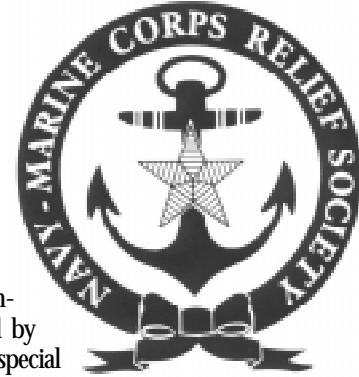
N/MCRS drawing results

The third in a series of prize drawings was held at the Marine Corps Exchange on Friday, and six people won the following:

Mark Allen	v-Tech answering machine
HM2 Danielle Roest	Sony Playstation
SSgt. Shane C. Lopresto	\$100 gift certificate
R. Raynes	Sharp 3CD stereo
Dave McKee	Fisher wall stereo
SSgt. James L. Daly, Jr.	JVC 27" TV

The Navy-Marine Corps Relief Society is here for you; yesterday, today and tomorrow. But it doesn't work without support.

The Navy-Marine Corps Relief Society is a non-profit organization whose purpose is to assist Navy and Marine personnel



and their families in times of need. The Society is sponsored by the Department of the Navy and operates nearly 300 offices ashore and afloat.

Trained volunteers ensure requests are handled by persons familiar with the special conditions of service life, and who have a realistic understanding of the potential hardships facing servicemembers and their families.

The annual fund drive is drawing to a close, but there is still time to purchase your tickets for the last drawing Friday.

The CO/XO's Corner

The "CO/XO's Corner" is a tool the Base Commander and Executive Officer use to open the lines of communication from the command deck to all personnel and to disseminate essential information as rapidly as possible.

By Col. Mark A. Costa

Base Commander

Members of the Logistics Base Community, Decisions, decisions, decisions, we can't live without them, and have to live with them. I believe decisions can be the element of change and progress, or the means of preventing it. We all face choices in our personal and professional lives. How we decide what we do or don't do tells a lot about us. How we look back on a decision using "20/20 hind sight" tells a lot about our confidence in the decision and decision maker.

Recently, a number of business and personal decisions made significant change and impact in our community. The initial decision on the commercial activity study at the Defense Logistics Agency (DLA) depot here set off a chain reaction of challenges and personnel actions that is transforming that organization. On the base side, the decision to realign some supply functions under the Fleet Support Center (FSC) set in motion a

sequence of events that will change the way we do business. These are examples of decisions made by higher headquarters, by people we don't see everyday, but directly affect our lives. On the other hand, local decisions, such as the realignment of administrative functions at the base headquarters, or the authorization on the use of computer software and the e-mail to prepare and transmit resumes for federal employment are decisions I have made. We have also seen personal decisions by some of our long time employees, where they will take job opportunities elsewhere, or choose to leave federal service. For those of us observing these decisions, questions arise. We may or may not know what criteria they used, what information was weighed, and why they made the final decision. Knowing more about the decision process can increase our confidence in the outcome. I believe that is the part of making decisions we can all improve on.

A characteristic of the Marine Corps that serves us well is that in making decisions, we normally

engage in lively and sometimes "heated" discussions and debates before a decision is made. In fact, I believe that the decision maker should be exposed to all the alternatives and options. But once the decision is made, despite our personal or professional disagreement, we line up shoulder to shoulder and support it by putting forth the effort to make it a success. Note, I do not describe what some may call "blind faith" or "not questioning," but unity of effort once a decision is made. I believe that characteristic is key and when the decisions are most important, it is vital. But there are responsibilities for both parties.

First, those in the organization should be informed and involved in presenting the options and alternatives. They should be aware of the criteria being used to decide so their arguments, or recommendations are pertinent.

Second, the decision maker, to the maximum extent possible, should explain the decision so that all affected understand the criteria used, how it was applied and why they decided the way they

did. This joint participation acknowledges mutual respect of the parties, and I believe nurtures a confidence in the decision maker and helps make supporting the decision that much easier.

Our former Commander, Marine Corps Logistics Bases, Major General (select) Davis, used a simple guideline in making decisions, he would say, "mission first, people always." I ask all of you to be a part of the decision process that affects us here at MCLB Barstow. Decision makers, remember the guidance of General Davis, keep your people informed and involved, listen to them. And for all of us, be involved in the process, make your case, and then support the decision with unity of effort. Together we will make a difference.

Decisions will be made every day by many of us. Let's not make them alone and let's not take action divided.

THE C.O. SENDS.

Tales of ancient Masada

By Lt. Cmdr. Tom Cook

Command Chaplain, MCLB Albany



In 70 A.D., as the Roman IOth Legion prepared a final assault on the rock plateau fortress of Masada in current day Israel, the band of Jewish Zealots trapped inside came to a terrible decision.

Rather than surrender and submit to the cruelty of the Romans, they chose to die by their own hands. The Jewish historian Flavius Josephus recorded this event. According to Josephus, their leader, Eleazar ben Ya'ir, made a heroic speech: "It is very plain that we shall be taken within a day's time. Let us die before we become slaves under our enemies." Ben Ya'ir ordered the entire fortress to be burned. Then the married men slew their families. The survivors cast lots to choose ten men who would kill the rest of the garrison.

The men cast lots again to choose one who would kill the Others; Then he would kill himself. The Romans surged over the walls and encountered silence. Of the 967 Jews, only

seven - two women and five children survived to tell the story. They had hidden in caverns. The Romans that had found them were so moved that their lives were spared. That is how we know what happened atop that mountain; Masada is therefore one of the great stories of a people's struggle for independence. Yet the story had long been regarded as suspect since the only account came from one man, Josephus, who was nowhere near the battle scene! But in 1963 ... evidence was found. Masada is an enormous flat-topped outcrop of rock, 23 acres near the Dead Sea. In the debris of various structures they found fragments of scrolls. They contained excerpts from the Biblical Books of Ezekiel and Psalms.

Then as they dug further, at a strategic point overlooking the direction of the Roman assault, the archeologist found ten pieces of pottery, each with a name inscribed on it, apparently all by the same hand. On one was the name Ben Ya'ir. Here was the proof! Today, Masada is preserved by the Israelis as a sacred place. And every recruit to Israel's armed forces makes this vow atop Masada! "Masada shall not fall again."

See CHAPLAIN on Page 4

Chapel Hours

Protestant
Catholic Mass

Sun. 8:30 a.m.
Sun. 10:30 a.m.

**Confession services
before Mass**

Yermo Bible Study

Wednesday 11 - 11:30 a.m.
At the Colonel's Workshop

For more info call
Don Brooks at 577-7165.



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Marine Corps Logistics Base Barstow, California
Colonel Mark A. Costa, Commanding Officer

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News Briefs

National Professional's Day

(Formerly known as Secretary's Day)

The Civilian Welfare and Recreation Association is having a luncheon Tuesday at the Oasis Club from 11 a.m. to 1 p.m.

Guest speaker Lauri Cloud is scheduled to give a speech on "Exercising Your Value in the Workplace." Cloud put herself through college while raising three children.

After graduating she went to work as an accountant for a "Big 8" firm in Las Vegas. Two years later she started her own business until she incorporated in 1992 and became president and CEO.

After selling her business in 1998, she developed numerous workshops and lectures which she presents throughout the United States.

The luncheon consists of Chicken cordon bleu, rice pilaf and other side dishes.

Tickets are \$8.50 per person which includes meal, gratuity and cost of the speaker, and may be purchased from any of the CWRA representatives listed below:

Name	Phone
Dan Keirn	577-6614
Frederico Molino	577-7210
Ed Guz	577-6183
Vince Chavez	577-7731
Barbara Kulseth	577-6771
Kay Servais	577-6233
Wrayanne Huddleston	577-6182
Barbara Kent	577-7382
Tangia Joseph	577-7230
Bruce Rowe	577-7207
Cliff Acles	577-6896
Ed Frey	577-6940
Richard Tusing	577-6492
Ernie Hawkins	577-7046

Identifying chain e-mail

Chain e-mail distracts recipients from their work, degrades network

"News Briefs" is designed to disseminate information to the MCLB Barstow community. Submissions should include a point of contact and phone number, and be received by noon, Friday for the next issue. Submit news briefs via e-mail to daileyb@barstow.usmc.mil.

performance, and is a denial of service threat. Likewise, responding to chain e-mail to reprimand the sender by selecting "Reply All" serves to proliferate the problem by contributing to network saturation.

According to MARADMIN 136/00, users of the Marine Corps Electronic Network are advised to delete chain e-mail upon receipt.

Chain e-mail often comes in the form of a promotional or virus hoax. Signs of a hoax include statements such as: "For every person that you forward this e-mail to, you will receive" "Send this message to everyone you know," and "This is true; your hard drive will be eaten; this is no joke"

Ignore any e-mails regarding these supposed promotions or viruses, and do not forward them.

Additionally, understand that global group addresses are for the use of official business only; personal use is not permitted.

MAD Dash 10K Run

The Marine Aviation Detachment at China Lake is hosting the 12th MAD Dash 10K run/5K walk at China Lake April 22. Prizes are awarded to the top overall male and female finishers and the top three finishers in each category of the 10K run.

The entry fee is \$15 in advance and \$18 on race day. The fee includes a T-shirt.

For more info, call GySgt. Robert Corsey at (760) 939-8099.

Enter the car show

MCAGCC Twentynine Palms is looking for people to enter a car show June 3. Cash prizes and trophies are offered to winners in more than 20 different categories, including People's Choice, Best of Show, Electronic Sound Systems and Best Paint.

There are classes for hot rods, antiques, modern cars and off-road ve-

101 things you should never ask a Marine to do

By E. Temple

Never ask a Marine to help move your house.

hicles. The show is open to the public. Admission is free for spectators. The fee to enter the show is \$15 in advance and \$20 at the gate.

For more info, call MCCS Marketing at (760) 830-6296 or e-mail vollmerm@29palms.usmc.mil.

Holy Week Services at the Base Chapel

Ecumenical Tenebrae Service will be held today at 7 p.m.

Good Friday Catholic Service will be held Friday at 4 p.m.

Ecumenical Sunrise Service will be held Sunday morning at 6 a.m. Everyone is invited.



Materials from housing residents. Collection takes place the second Saturday of every month from 9 a.m. to 1 p.m. at Building 27, behind the recycling center near the railroad tracks. This is available to housing residents only. Proper ID will be required. For more info, call 577-6387.

be more than 80 hours of free training for government buyers. Featured products include the latest in information technology, furniture, appliances, tools and more. To register or for more info, call 1-800-272-5565 or log on to <http://exp.gao.gov>.

Carnival/Craft Fair

The Hinkley School PTO presents the Spring Break Out Carnival and Craft Fair at the Barstow Mall Friday through Sunday. There will be Easter pictures, children's games, craft vendors, food, baked goods and more. The carnival schedule is:

Friday – 9 a.m. to 8 p.m.

Saturday – 9 a.m. to 7 p.m.

Sunday – 10 a.m. to 6 p.m.

For more info, call 253-4646.

SHARE Program

The Navy/Marine Corps Relief Society is sponsoring a dollar-stretching grocery pool known as SHARE. Anyone, regardless of rank or budget, can get a food basket of beef patties, chicken drumsticks, ham, hot dogs and more for only \$16. Sign-ups are Saturday from 9 a.m. to noon at the N/MCRS office, and collection will be April 29 from 10 a.m. until noon.

For more info, call 252-2949.

ASMC Luncheon

The American Society for Military Comptrollers has scheduled a luncheon Today at 11 a.m. at the Oasis Club.

Lunch will be a choice of beef stew w/noodles or chef's salad. Tickets cost \$5.

The guest speaker will be Charles Mitchell from Barstow Community College.

He plans to speak about the similarities of private and government job skills and how to become more competitive in today's job market. For more

Job Watch

Annc.#	Title/Series/Grade	Open	Close	1st Cutoff	Location
OTR-039-00	Budget Assistant GS-0561-05 (Temp NTE 1 year)	03-21-00	04-18-00	04-04-00	MCLB Barstow
OTR-041-00	Computer Specialist GS-0334-09 (Temp NTE 1 year)	03-23-00	04-20-00	04-07-00	MCLB Barstow
DEA-148-00	Environmental Protection Specialist GS-0028-11	03-24-00	04-21-00	04-07-00	MCLB Barstow
DEA-153-00	Artillery Repairer WG-6605-07 (Term NTE 1 year)	03-27-00	04-25-00	04-10-00	MCLB Barstow

Applicants interested in announcements beginning with DEA or OTR should submit their resume to:

**Human Resources Service Center, Southwest
ATTN: Code 522 (announcement number)
525 B Street, Suite 600
San Diego, CA 92101-4418**

For more information concerning public job announcements visit the Self-Service, Bldg. 37, Monday through Friday from 7 a.m. to 3:30 p.m. or call the Human Resources Office 24-hour employment information line at 577-6919.

If you have Internet access, browse to <http://www.usajobs.opm.gov>.

For information regarding Open Continuous Merit Promotion announcements point your browser to <http://www.donhr.navy.mil>.

Earth Wind & Fire

The 1970s supergroup Earth, Wind and Fire is scheduled to perform at the Robert A. Sessions Memorial Sportspark in Barstow on April 22 at 7 p.m. Tickets are \$10 in advance or \$15 at the door. For tickets or info, call ITT at 577-6541.

HAZMAT turn-in

The base is collecting household Hazardous Waste/

GSA Expo 2000

The General Services Administration has scheduled its International Products and Services Exposition for May 10 and 11 at the San Diego Convention Center. The event's focus will

See **BRIEFS** Page 4

Barstow Log 2000 Survey

Gender: Male Female Age: _____

Employment:

If employment is military or DoD civilian, what is your pay grade?

How often do you read the BARSTOW LOG?

How much of the BARSTOW LOG do you read?

What do you like most about the BARSTOW LOG? Why?

What do you like least about the BARSTOW LOG? Why?

How would you rate the BARSTOW LOG's coverage of the base community?

Below Average: Average: Above Average:

Do you find the BARSTOW LOG to be a credible publication? Why or why not?

Do you think the BARSTOW LOG has kept personnel informed regarding Installation Reform and other key issues? Why?

Where do you get your copy of the BARSTOW LOG?

Other comments:

Thank you for completing this survey. Your responses are important to us. The BARSTOW LOG is your publication as well as the voice of the Base Commander. If something is wrong with it, then we really do want to know. This survey is also available on the Internet at <http://www.bam.usmc.mil/pao/survey.pdf> for an electronic return.

Complete and return to the Public Affairs Office at Building 15 or you may FAX it to us at (760) 577-6350.

CHAPLAIN from Page 2

Sacrifice. Commitment. Loyalty. These were not just words to those of Masada.

It meant everything. It meant their lives. And when we read stories such as these, we wonder ... do I have what it takes to make that kind of commitment?

It is a dedication that goes beyond surface relationships to a depth of true sacrifice. And this extends beyond our faith.

It lives itself out in our relationships with others, our families, our jobs, and, yes, even our enemies.

That is the greatest test of commitment ... to love the unlovable!

"You see, at just the right time, when we were still powerless Christ died for the ungodly. Very rarely will anyone die for a righteous man, though a good man someone might possibly dare to die."

But God demonstrated his own love for us in this: "While we were yet sinners, Christ died for us" (Romans 5:6)

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info, call Lou Ann Presley at 577-6636.

Mustang Muster

The Marine Corps Mustang Association has scheduled its annual Mus-

See BRIEFS Page 12

7th Engineers quench Marine Corps' thirst for fuel

By Cpl. Matthew R. Weir
BARSTOW LOG staff

MARINE CORPS LOGISTICS

BASE BARSTOW, Calif. – Marines from Camp Pendleton have been sent to the Fleet Support Center here to try and quench the ever-growing thirst for fuel during combat.

Marines from Bulk Fuel Co., 7th Engineer Support Bn., are checking the 600,000-gallon fuel systems for serviceability and re-packing them so each system holds 1.2 million gallons of fuel.

"We are reconfiguring our fuel sys-

tems to keep up with the way the Marine Corps is changing and upgrading," said SSgt. Robert Aguilar, embark chief, Bulk fuel Co.

Bulk Fuel Company is expected to be here for two weeks, but according to Aguilar, the way his Marines worked they knocked out the project a few days early.

Bulk Fuel Marines are working hard and with relatively few problems.

"This is an ideal environment for long-term storage," said Aguilar. "The only problem we have is with the Marines who aren't used to the heat. We

tell them to come out of the sun every so often and drink water."

The Marines also appreciate the support they are getting from everyone here.

"We are getting fantastic support from the packaging and shipping personnel as well as the battalion's S-4," Aguilar said.

Coming here is a welcomed change of pace for the Marines who are used to working at Camp Pendleton.

"It feels good to be away for a while and doing something different," said PFC Ray Corral. "This isn't what we do every day. We are usually on the



Photo by Cpl. Matthew R. Weir

bulk fuel lot doing preventative maintenance on pumps."

The bulk fuel Marines left today, but

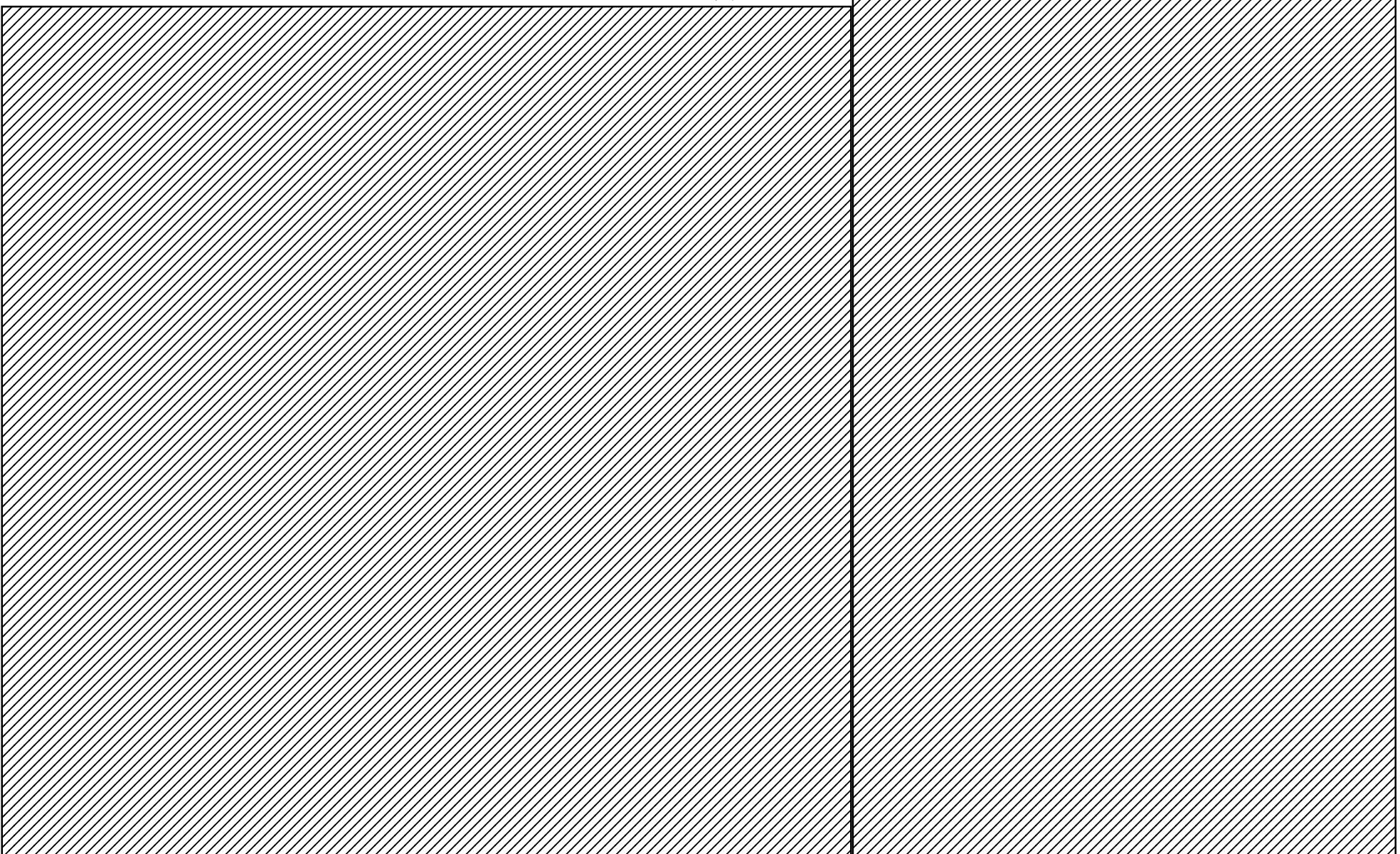
their work is staying here waiting until the balloon goes up or the needs of the Marine Corps change again.



Photo by Cpl. Matthew R. Weir

(ABOVE) LCpl. Katherine Kendall and PFC Ray Corral mark new lot numbers on fuel bladders before they are stored in the large bulk fuel farms.

(LEFT) A team of Bulk Fuel Marines flip a container over after inspecting the 20,000-gallon fuel bladder inside. Bulk Fuel Marines used a lot of strength and teamwork to roll and store the heavy bladders.



READY, FRONT

Headquarters Battalion, Marine Corps Logistics Base Barstow

PMO Marine named NCO of the Quarter

By Sgt. Mike McQuillan

BARSTOW LOG staff

Cpl. Jeremy Webb was born Oct. 16, 1978 in Seattle, Wash. He graduated from Ingraham High School in June of 1997 and headed to MCRD San Diego for boot camp that September.

"My brother was already a Marine, so I knew the recruiter," said Webb. "I didn't want to stick around my home town after high school."

Webb graduated boot camp as a private first class and the fastest runner in Company "E."

He graduated from his military police school at Fort McClellan, Ala., and was one of 10 from his graduating class to go overseas. He checked into MCAS Iwakuni, Japan in May of 1998.

"There was definitely a culture shock," said Webb. "The only other country I had ever been to was Canada. One mile past the front gate and you were a celebrity everywhere you went. Everybody knows you're an American and either loves you or hates you."

Webb overcame his reservations about being overseas and earned MP of the Month and MP of the Quarter honors.

He competed for the station-wide meritorious corporal board and fell runner up to a fellow MP.

"We were always in competition with each other," he said.

That same high-profile type of motivation earned Webb a deployment to Guam for Exercise Tandem Thrust '99. Only two of the 74 MP's on station were selected.

"I love to deploy," said Webb. "That's where the action is."

Webb performed security duties during Tandem Thrust including security details and creating civil unrest.

"We got to do some role playing while we were there," said Webb. "We would protest and riot, and they would handcuff us. We'd get up and run away and start swearing at everybody. What's great is that it was our job to do all that. It was awesome."

Webb completed his one-year obligation in Iwakuni, accomplishing most of what he set out to do.

"I regret not getting to see Iwo Jima," he said. "I would go back just for that purpose."

Having requested a West Coast duty station, Webb reported to MCLB in June of 1999.

"I was a little bit surprised," said Webb. "I didn't know this base was so unoccupied. At least it has given me time to take some classes."

Webb is in his second semester at Barstow Community College. He has earned nine credits thus far and is also a certified



Emergency Medical Technician.

In his professional duties, Webb earned a nomination for the meritorious corporal board with only two months on station. Despite little recognition, he defeated two Marines of the Quarter and another eventual meritorious corporal to win the board.

"No one can say they're not nervous," said Webb. "I knew that some of the Marines I was up against had stood boards before. If you go in there and you're confident, it doesn't matter if you're nervous."

Webb earned his meritorious promotion with 15 months time in grade, surpassing eight senior lance corporals in his section. "I try and keep myself ahead of the game," Webb explained. "That's

not necessarily to impress other people. It's the same reason I went to Guam. It's for competition."

Relatively new to the command as a meritorious corporal, Webb began contributing even more of himself than before.

He attended the rifle/pistol coaches course in November, and has since coached two rifle details and one pistol range.

"He relaxed me a lot on the range," said PFC James Woods, travel clerk and marksman protégé of Webb. "He talks to you like a person rather than just a PFC. You can tell he's having a blast being in the Marine Corps. Yeah, I'd nominate him for a board if I could."

Webb was recently selected to be the next military working dog kennel master. Although he has no experience in the canine field, Webb was selected based on his leadership skills.

"I expect great things from him," said Sgt. Scott Bush, who relinquishes his billet to Webb tomorrow. "Cpl. Webb is one of the finest Marines and police officers that I have ever worked with. He has the vision to take the working dog section in the right direction."

Webb will attend canine handlers course at Lackland AFB, Texas from July 30-Oct. 17.

"I'm willing to take anything that comes my way," said Webb. "In other federal agencies, you'd be on the road for five or six years before you got that kind of opportunity."

Webb doubled his number of victories before a battalion board last month by winning the NCO of the Quarter board.

"He came across as professional, knowledgeable and calm," said SSgt. Jeffrey Bassett, board member. "The first impression on a board is always bearing. He used his voice well and sounded like he really wanted to be there. He wasn't overly anxious to answer a question. He thought about his answers first. That type of thing was very important."

"It shows your command that you care," said Webb. "A lot of people know me who didn't before. They see my picture at the PX and everywhere else and I have to live up to that."

Webb still has a year and a half to decide what to do with the rest of his life. He said he's looking to either enter the specialized law enforcement field or reenlist and request orders to Hawaii. Wherever he goes next, Webb carries with him a simple philosophy of life.

"Strive to be the best at what you do," he said. "Even if it's not what you want to do. Highlight yourself and you'll get to do the things you want."

Brown is bad ... green is good



LCpl. George Grimsley, Headquarters Battalion S-1 Administrative clerk, reminds us that Marines have until May 1 to replace their brown T-shirts with green ones.

Previously, Marines had a choice, but the Commandant of the Marine Corps, Gen. James L. Jones, has eliminated all confusion and directed Marines to wear the green shirts only.

If you haven't done so already, visit the Marine Corps Exchange and purchase your uniform items.



Promotions and Awards

New Joins

Sgt. Jose Leal-Munoz
Sgt. Luke Ratcliff
Sgt. Jose Sanchez
LCpl. Cory Kelly
PFC Israel Moreno

Promotions

MSgt. Carolyn Fallin
Sgt. Daniel Kubin
Cpl. Michael Huckabee
Cpl. Pete Martinez III
LCpl. Justin Jones
LCpl. Samuel Rose

Good Conduct Medals

Cpl. Joanna Bucknam – First Award
SSgt. Larry Essary – Fourth Award
SSgt. Pete Holm – Fourth Award

Who has it the best?

Story and Photos by

Cpl. Matthew R. Weir

BARSTOW LOG staff

MARINE CORPS LOGISTICS BASE BARSTOW, Calif.

Quality of life is not an issue the Marine Corps is taking lightly. Millions of dollars are being spent each year trying to give service members the life-style they want.

In Southern California alone every base is doing some type of construction, from entirely new quarters to refurbishing what is there to improve the life of the enlisted Marine living in the barracks.

The billeting shop here is in the process of spending \$218,000 on barracks renovation for the betterment of the enlisted life-style.

That money is going towards new carpeting, furniture, microwaves and 52-inch televisions for the lounges in one of the barracks, according to MSgt. Carolyn Fallin, S-4 chief.

This is not enough for some Marines.

"I don't care if they spent a million dollars on the barracks," said LCpl. Tim Bartling, TMO, "I'd still have to use a community head."

Is sharing a bathroom with the Marines on your floor a bad trade-off for wall-to-wall carpeting, large refrigerators and microwaves?

Although some Marines appear to be living in the lap of luxury, closer consideration shows appearances can be deceiving.

At Marine Corps Air Ground Combat Center, 29 Palms, the Marines have their own bathroom in each room, but give up carpeting and sometimes live as many as three to a room.

Tewntynine Palms is refurbishing their barracks to the tune of \$3.7 million. Six barracks are receiving wiring and plumbing upgrades as well as new windows and furniture for the rooms.

"It's the 'whole room' concept," said SSgt. Everett Gilliam, facilities maintenance chief.

According to Gilliam once the overhaul is complete, each room should look the exact same, from the furniture to the drapes.

While the upgrades are being completed, which takes approximately three months, according to Gilliam, some Marines are finding themselves being relocated to other barracks and squadbays.

Because Camp Pendleton is the largest base in Southern California, barracks renovations and construction never seem to stop.

This base holds some of the oldest and newest barracks in Southern California. Somewhere in the middle of the time line are the barracks for Headquarters and Support Bn., Marine Corps Base, on Mainside, where contractors are tearing up flooring and refinishing each room, before new furniture is brought in for the Marines.

The newest and probably most talked about barracks in the Corps are on Marine Corps Air Station Miramar.

These one-man rooms are connected by a hallway allowing two Marines to share a bathroom. Each room is furnished with new furniture, carpeting and drapes, and the Marines are given their own climate control.

"These are better than other barracks I've been in," said Cpl. Roby Tek, communications center operator. "There is more privacy here, it is just enough room for one man."

But according to some Marines there is something lacking. "It's like being in a jail cell," said LCpl. Mike Haga, aviation supply clerk, who views camaraderie as a plus to where he lives. "All they have are little blocks. Nobody hangs out."

Haga lives in one of Miramar's oldest sets of barracks, affectionately deemed the ghetto because it is scheduled to be demolished next year as more of the new barracks on Miramar open.

Marine Corps Recruit Depot San Diego boasts one of the most eye-catching barracks in Southern California. Its fourth story rooms have vaulted ceilings, creating the effect of a more open living space. But the Marines live here without air conditioning for the summer months.

"We are upgrading the heating and ventilation within the barracks," said Sgt. Ryan Gray, billeting clerk. "In the summer months the system will only be able to provide ventilation, not cold air."

Every barracks in Southern California is different. Some differences may be as subtle as a different type of linen on the beds and some may be face-smacking different. No matter where you live or how you live, there is no reason to complain. You are bound to be better off than someone else.



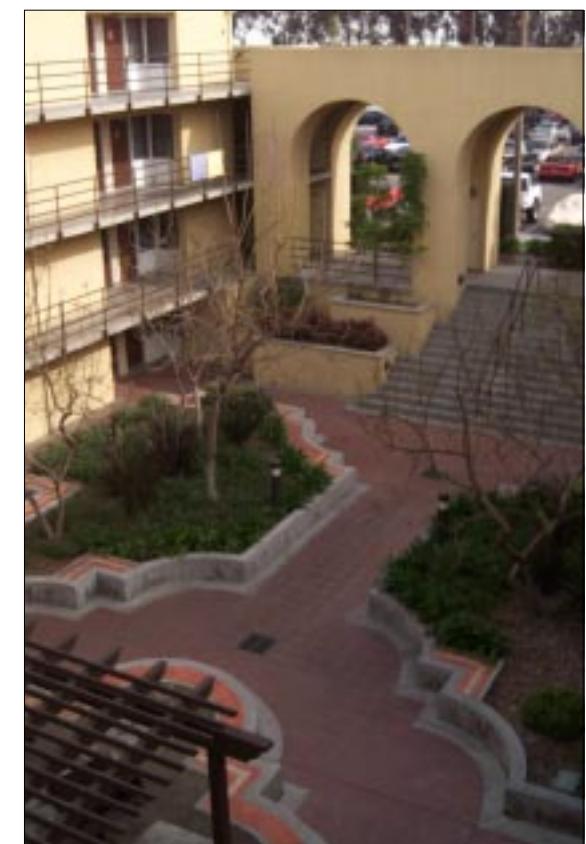
Cpl. Roby Tek, comm center operator, washes his hands in one of Miramar's new barracks. Tek said he likes the space he has in the barracks, but other Marines disagree, comparing the new setup to jail cells.



LCpl. Mike Haga, aviation supply clerk, (right) talks to a friend in his barracks room aboard Marine Corps Air Station Miramar. Haga's barracks is scheduled for demolition sometime next year.



(ABOVE) LCpl. Pete Voss, Marine Corps Recruit Depot San Diego, kicks back in a fourth story room with a vaulted ceiling.



(LEFT) Marines at MCRD don't have air conditioned rooms, but they are provided with ample room outdoors to enjoy San Diego's climate.

Control cash flow to cover basic living expenses

By GySgt. Michael Claudio
MCCS Financial Counselor

Controlling cash flow means directing the money we have coming in and out. Two tools, a net worth statement and a cash flow statement, help us evaluate how well we are controlling cash flow.

Calculate your net worth.

To measure the change in your financial status from year to year, you need to calculate your net worth.

It is important to build assets rather than liabilities.

Your net worth is the sum of the current market value of your assets (liquid assets, investment assets, real and personal property) minus the sum of the outstanding balance on all of your debts.

A worthwhile goal is to increase your net worth annually during your earning years.

Know how much you make.

List your sources of income, amount of income, and the frequency of receiving it.

Have paychecks automatically deposited. Think net income; not gross income, when making financial decisions.

Select a time frame for managing cash flow and paying your bills. This may be a weekly, bi-weekly, or monthly budget. Then set up your monthly budget. If you receive paychecks more frequently, you can decide what expenses will be paid out of each paycheck.

Know how much you spend.

Cut unnecessary spending leaks out of your budget. Watch financial temptations, especially daily leaks.

A little money leak here and there adds up to a lot of cash over time. If you spend \$4.87 for lunch, \$1.06 for two cups of coffee, and \$2.00 for cigarettes, that's \$7.93 in one day.

If you multiply that by 20 workdays in a month, you've spent \$158.60.

If you put aside \$158.60 per month, for three years you will have saved \$5,710.

Subtract expenses from income.
After you have computed both your

total income and total expenses, subtract your expenses from your income.

Ideally, your income will be equal to or greater than your expenses.

Make a spending plan.

Balance income and output to have money left over at the end of pay period.

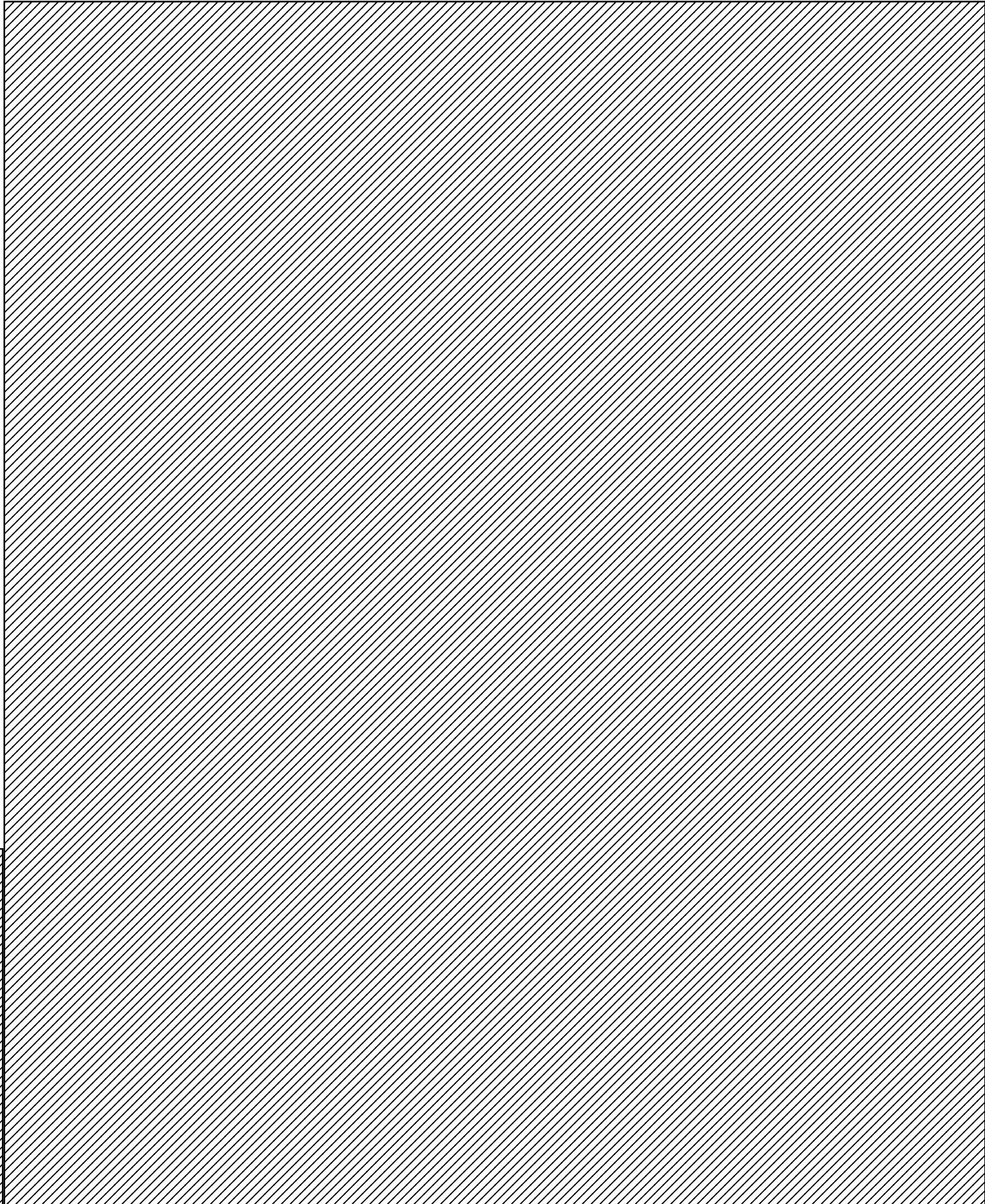
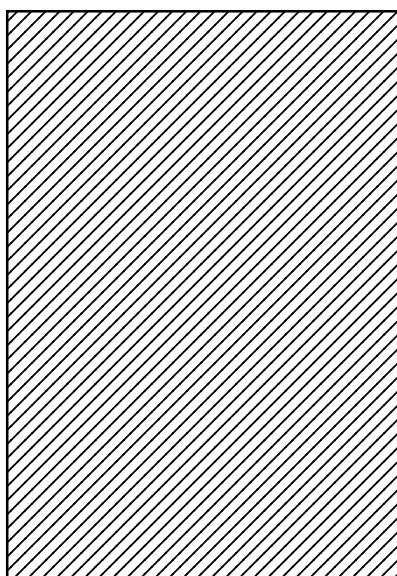
Output includes major expenses, saving for future goals and emergencies, seasonal expenses, debts/past-due bills, monthly, daily, and miscellaneous expenses.

Look for ways to reduce spending.

Remember the ideal

goal is for income to be greater than or equal to expenses, including savings.

If you would like more information about this or other topics, come by the Career Resource Management Center (CRMC) in Building 129 or call (760) 577-6533.



MC-CSS



MARINE CORPS

Community Services Barstow

By Jim Gaines

MCCS Publicity

Grill sale at Exchange

Our April Sale is underway right now with great buys on outdoor grills – charbroil gas and charcoal.

Charbroil gas grills – 30,000 BTU



at only \$159.99.

Charbroil gas grills – 44,000 BTU
at only \$199.99

Kingsford charcoal grills 22.5" at only 39.99

The April Sale runs throughout the month of April. Our Easter Sale will run April 21 through 24.

Shop at your Base Exchange and save. The Base Exchange/7-Day Store is open Monday through Saturday 8 a.m. to 9 p.m. and Sunday 10 a.m. to 6 p.m.

Call 256-8974 for more information.

tion on this sale.

Lunch menu for this week

This week's lunch menu at the Family Restaurant & Cactus Cafe:

Tuesday – Soft tacos, beans and rice.

Friday – Hoki fish, fried rice, roll/butter.

Monday – Lasagne, roll/butter.

Tuesday – Beef stew and noodles, roll/butter.

Wednesday – Fried chicken, mashed potatoes, roll/butter.

Thursday – Pork stir fry and rice, roll/butter.

All above meals served with coffee, tea or soft drink.

Lunch is served Monday through Friday at the Family Restaurant from 10:30 a.m. to 12:30 p.m. Lunch is served Monday through Friday at the Cactus Cafe from 11:30 a.m. to 12 p.m.

Price is \$3, military, \$4.50 civilians.

The Family Restaurant also offers an A La Carte as well as a Sub Sandwich menu for lunch.

The Cactus Cafe offers a limited A La Carte and Sub Sandwich menu for lunch.

For more info call 577-6428 for both the Family Restaurant and the Cactus Cafe.

Family Night Dinner Menu

Tonight – Mexican Night – All you can eat.

Next week – Southern Night – All you can eat.

All-you-can-eat dinners are for in-restaurant consumption, not for take out.

Family Night dinners are served Thursday evenings from 4:30 p.m. to 7:30 p.m. at the Family Restaurant.

Prices: \$4.50 adults, \$2.50 children (5 to 11 years), children 4 years and younger are free. Price is the same for military and civilian personnel.

Free tickets

For all single Marines and Sailors – Semper Fit has free tickets to the upcoming Earth, Wind and Fire concert on Saturday, April 22 at the Robert A. Sessions Memorial Sportspark in Barstow.

Tickets may be picked up between the hours of 7:30 a.m. and 4 p.m. Monday through Friday at the Building 44, Semper Fit office.

Easter Brunch

Make reservations now for Easter Brunch at the Family Restaurant on April 23. Call 577-6110 or 577-6418

Menu includes: Omelets cooked to order, scrambled eggs, sausage, ham or bacon, oven roasted potatoes, creamed beef, biscuits, baked chicken, fried chicken, vegetables, pancakes & syrup, french toast, assorted beverages, cereals, fruit and desserts.

Adults \$6.95, children 5-12 yrs. \$3.95, Under 4 yrs. are free.

Barbecue grill fee

Beginning May 1 the MCCS propane barbecue grill usage fee will be \$10 for private use – it will still be free for company parties or any type of function involving the military.

Call Vickie McDougall at MCCS Business Operations 577-6896 for more information or drop by Building 44.

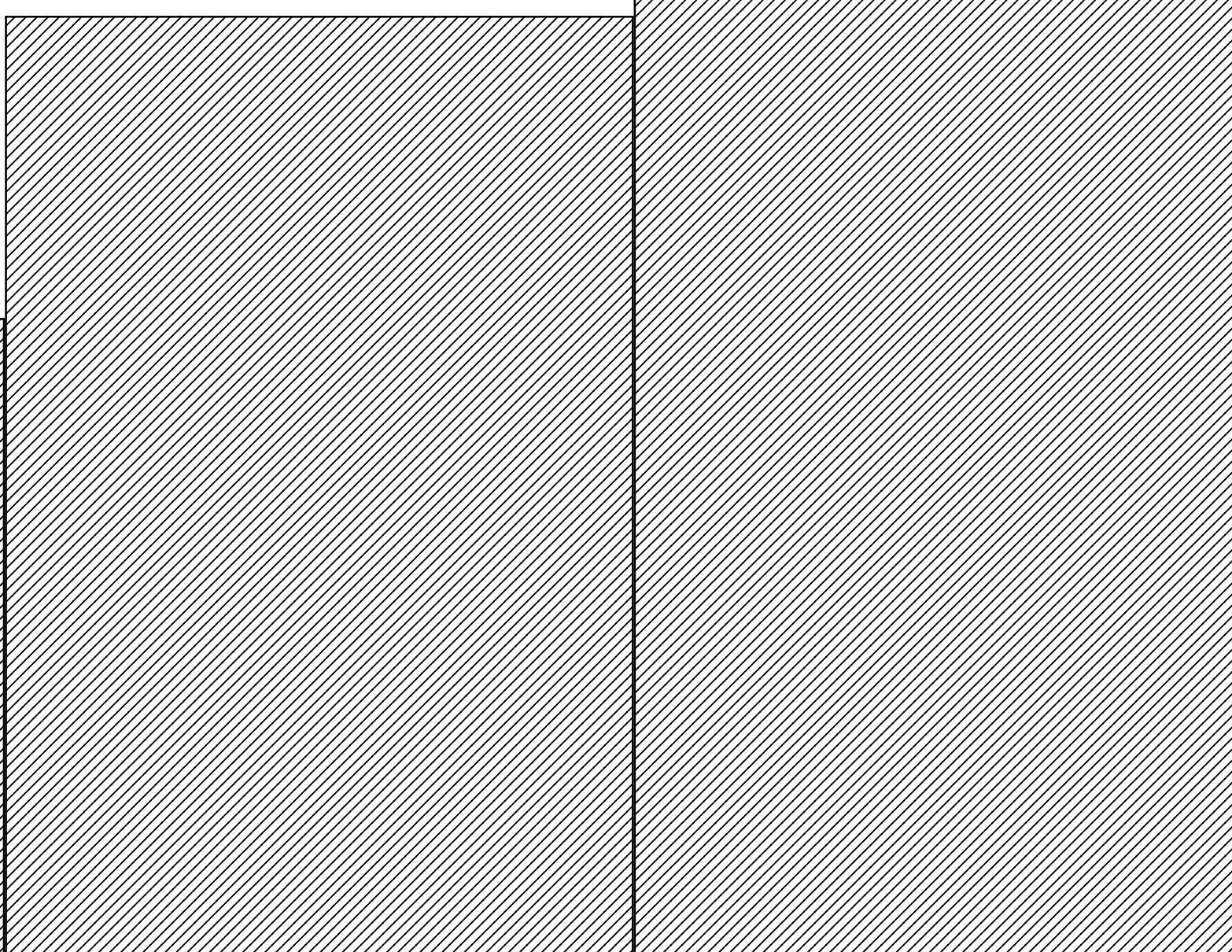
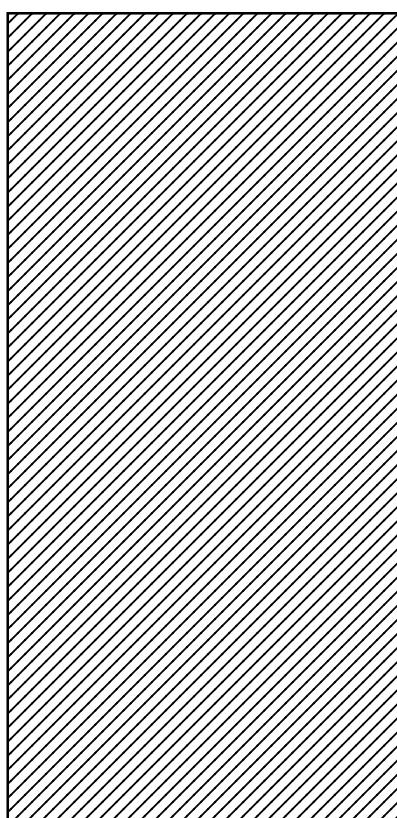
Get into the 'swing' of things

The Twilight League at Tees & Trees Golf Course begins Tuesday and continues on consecutive Tuesdays through August 1.

Entry fee is \$20. Only the first 48 paid sign-ups will be accepted, all others will be on standby.

Call Tees & Trees Golf Course at 577-6431 for more information.

Tees & Trees Golf Course is open Monday from 11 a.m. to 5 p.m., Tuesday through Sunday from 7 a.m. to 5 p.m.



SPORTS

Sports Briefs

All-Marine Golf Trials

Semper Fit is seeking resumes for the All-Marine Golf Trial scheduled for August 6-12 at MCB Camp Pendleton.

Twenty-five Marines will be chosen to take part in a 72-hole medal play. The top four, two seniors and two women will play in the Armed Forces Championship August 13-19 at the Air Force Academy, Colorado Springs, Colo.

Interested Marines must submit resumes no later than June 1. Resumes must contain command endorsement and also state that the Marine will be able to attend all events if selected.

Resumes must be submitted through the MCCS Semper Fit Division. MARADMIN 148/00 applies.

For more information contact CWO William Bradshaw at 577-6543.

All-Marine Rugby TRIALS

The All Marine Rugby Trial Camp is scheduled for Oct. 1-7 at MCB Camp Lejeune.

The Armed Forces Rugby Championship will be held Oct. 8-15 at Naval Air Station Pensacola, Fla.

An Armed Forces Team will be selected to compete in the Invitational Territorial Tournament Nov. 25 through Dec. 3 in Tampa, Fla.

Marines will return to their duty station upon completion of the Armed Forces Championship.

Marines interested in competing must submit a resume no later than July 10. Resumes must include experience in the past two years.

Resumes must also contain command endorsement stating the Marine will be able to attend all events if selected.

Resumes must be sent through the MCCS Semper Fit Division. MARADMIN 153/00 applies.

For more information call CWO William Bradshaw at 577-6543.

Ambassadors demonstrate goodwill as they dominate

By Sgt. Mike McQuillan

BARSTOW LOG staff

William Scruggs tilted his head backward. Then he arched a bit. Then he strained his eyesight for a moment. Ah, there he was. Scruggs finally caught a glimpse of Harlem Ambassador center Darrell "Hi-Rise" Owens, as they anticipated the tip-off of the April 4 Ambassador-Barstow Desert Rat basketball showdown.

The Ambassadors stopped along their ongoing seven-week tour of the Southwestern United States to play the MCLB team at the Sportspark in Barstow. The Marines assembled a Dream Team weeks in advance to contend with the Ambassadors. They conducted a final training session the day before, just to ensure unit cohesion was intact.

"Practice wouldn't do us any good, so we played softball," said player/coach Fred Waddell.

Before you could say, "almost had it, Scruggs," the Ambassadors had won the tip-off and lit up the scoreboard to a 15-0 lead. The Ambassadors team captain Lade Majic defended her reputation for "leading the team in many categories, including but not limited

to personal fouls," when she upended John Hubbard and sent him to the free throw line.

"I tripped, and she fell on top of me," declared Hubbard. He sank one of two to put the first Desert Rat point on the board.

Lade Majic fell into a state of vertigo and scored a field goal in the wrong basket late in the half, narrowing the Ambassador lead to 21-3. The Rats eventually fell into a scoring groove and concluded the half trailing 35-10.

Following an extensive halftime show featuring games for the kids in attendance, the fast-paced second half opened with a conspicuous 55-35 Desert Rat lead.

"We were down at the half, but we pulled together and played Ambassador ball," said a player calling himself 'Smooth.'

The Ambassadors charged onward and tied the score at 63 in the third quarter. Still, the Desert Rats took the lead two more times, once on a John Ross feed from Ernie Mena and again on a Reggie Harris lay-up. The Ambassadors concluded the game with a 15-point run. Hi-Rise slammed the door on the Desert Rats with an impressive

monster jam at the buzzer. The Ambassadors amassed an 86-73 victory.

"The people of Barstow embraced us," said Lade Majic after the game.

"They made sure we had adequate rest and showed us around. As for the guys we played, they might run ten miles a day, but basketball is our domain."



Photo by Sgt. Mike McQuillan

Darrell "Hi-Rise" Owens swipes a loose ball from Ernie Mena.

TRADER ADS: Please submit all Trader Ads to daileyb@barstow.usmc.mil by noon Friday.

1969 LINCOLN CONTINENTAL: 2 door, engine needs head gasket, great classic restorable car. \$350 OBO. Call 252-9199.

1967 RAMBLER: 4 door, rebuilt engine, new interior and paint. \$2,500 OBO. Call 252-9155. Lv msg.

1982 HONDA ACCORD: Runs great. \$1,300 OBO. Call 240-0618 AWH.

1997 FORD RANGER: Pickup, low mileage, black , 4 cyl. 2.3L eng. w/4 speed manual trans. and overdrive, A/C, AM/FM cassette with CD player, sliding rear window, custom paint. Asking \$9,950 OBO. Call 252-3355 AWH. Lv msg.

1995 HONDA CIVIC LX: Grey, automatic, 4 door, tinted windows, spoiler, alloys, power package, cruise control, extras. \$7,500. Contact Pete or Yvette Colby at 252-3251.

FOR SALE: Camper shell for 1991 full-size Ford short bed, lined carpet, strawberry red color. \$250 OBO. Call 252-9155. Lv msg.

FOR SALE: 155 yards of brown and gold sculpted carpeting in good condition. Ideal for rental. \$350. See in Spring Valley Lake. Call 241-6036 or 252-1933

COMPUTERS: Two computers: Gateway P5-60 166MHz desktop and COMPAQ Presario 200 MHz mini tower. Both have WIN98, internet ready, monitor, joystick, audio card, modem, CD-ROM, monitor. Also, scanner and printer. \$800. each OBO. Call 256-8154.

FOR SALE: Two swivel-rocker recliners, \$150 each or \$250 for both.; wooden microwave cart, \$100; bread-maker, \$25; double papasan, \$100; vegetable slicer, \$15. Call 254-2295. Lv msg.

FOR SALE: Men's mummy bag, \$100; two bowling balls w/bags, \$100 for both; stainless steel electric wok, \$50; Casio keyboard, \$100. Call 254-2295. Lv msg.

AMATEUR RADIO GEAR: Four antennas: VHF stack frame/pwr dividing harness, \$90; one isopole 220 Jr., \$5; one Cushcraft 3-element 2M beam \$15. Call 254-2295. Lv msg.

FOR SALE: Fish tank w/light, glass top, 3'X18" tall. \$35. Call 255-3045.

FOR SALE: Glass top dining table w/oak base and 4 chairs. \$75. Call 256-2038.

FOR SALE: Sectional, blue, 2 recliner love seat w/small storage area, queen-size sofa sleeper, like new, must see to appreciate. \$800 OBO. Call 256-6632. Lv msg.

FOR SALE: 27-foot Catalina sailboat, located at Camp Pendleton with a military slip that transfers with the boat. Way too many upgrades to list. \$10,500. Call 957-1812 for details and pictures.

FOR SALE: 1995 Coachmen Catalina Lite camper, 27', new tires, beautiful interior, sleeps 6, bedroom, bunk beds, bathroom, cable, stereo speakers, must see to appreciate. \$11,000. Call 252-7119.

WANTED: Summer clothes for infant girl, sizes 18 months – 2T, in good to excellent condition. Call 252-3355 AWH. Lv msg.

WANTED: Ford 460 ci engine in good running condition. Call 254-2066 AWH.

WANTED: Winch for car trailer. Call 252-9199 after 4:00 p.m.

WANTED: 1965 to 1973 Dodge Dart, car or parts, running or not. Call 252-9199. Lv Msg.

THANK YOU: Thank you for all the support and well wishes. It has been my honor to have served with the Marine Corps' finest Marines and civilians. Sincerely, Charlotte Romero.

Are you ready for the shakin' and quakin'?

Submitted by
Public Safety Department

April is Earthquake Preparedness Month. Since the High Desert tends to be a somewhat earthquake-prone area, as evidenced by last year's 7.1 Hector Mine tremor, it pays to be prepared.

Here are a few tips to help you be ready before the shakin' starts:

Update or assemble an emergency kit, include the following supplies:

- Nonperishable food and drinking water (one gallon/person/day).
- Foods for people with special needs (infants, seniors).
- Additional food, water for pets.
- First aid kit and special medications.
- Flashlights.
- Battery-operated radios.
- Extra batteries.
- Sturdy shoes.
- Extra clothing.
- Blankets.
- Sturdy work gloves.
- Emergency cash.
- Adjustable wrench and other tools.
- Whistle.
- Manual can opener.

Choose an out-of-state contact.

Identify the safe spots in each room:

- Sturdy desks and tables
- Interior walls
- Identify hazards in each room
- Windows
- Mirrors
- Hanging objects
- Fireplaces
- Tall unsecured furniture

BRIEFS from Page 4

tang Muster from Sept. 28-Oct. 1 in Atlantic City, N.J. Mustangs are Marines, past or present, who served in both the enlisted and officer ranks. The MCMA is 15 years old and has more than 1600 members nationwide. It is always open to new members.

For more info , call Maj. Bill Max, USMC (Ret.) at 1-800-321-USMC or e-mail tompmustang@aol.com.

Consolidate your records

Would your spouse or immediate family members know where to find your crucial information in the event of your death? The Retired Activities Office has a Personal Affairs Workbook available to help you keep birth records, military files, last will and testament, tax, bank account and insurance records and more in a single 11-page file.

For more info, visit Personal Services Division at Building 129 or call Stephanie Wilson at 577-6533.

Reduce hazards:

- Check chimney, roof and foundation.
- Bolt the house to the foundation.
- Strengthen cripple walls.
- Brace water heater and other appliances.
- Secure hazards identified hazard hunt.
- Place heavy and breakable objects on lower shelves.
- Learn first aid and CPR.
- Learn how and when to turn off utilities.